

# **Kelsey Kerridge Sports Centre**

## **Fitness Classes**

## **for Students**

**Come and join in our weekday lunchtime classes for just £3.70 per class or £2.30 for Krunch & Kore**

**Monday 12.30 – 1.30pm                      Fitness Circuits**

**Tuesday 12.15 – 12.45pm                      Krunch & Kore**

**Wednesday 12.30 – 1.30pm                      3-Way Combo**

**Thursday 12.30 – 1.30pm                      Fitness Circuits**

**Friday 12.30 – 1.30pm                      Hi/Lo Aerobics**

A valid NUS Card is required to qualify  
for discount

Please note all above classes are open  
to everybody, not just students

All teachers subject to availability