

Kelsey Kerridge Sports Centre

Martial Arts Timetable

The following classes are **NOT** run by the Kelsey Kerridge Sports Centre.

When entering the building you will be required to pay a Kelsey Kerridge Membership fee of £1.40 for Adults or £1.10 for Juniors/Students.

A CHARGE WILL BE MADE BY THE CLUBS, PLEASE SPEAK TO THEM FOR MORE INFORMATION.

To find out more information about the clubs, you can come into the Sports Centre and speak in person to the instructors or, where available, phone/email them.

CAMBRIDGE KARATE CLUB

Mr Durant 01799 598023 / 0800 7832821
www.cambridgekarateclub.org

Mondays 8.30pm – 9.30pm

KICKBOXING (CARISMA)

Mr Gaetani 07879610111
e-mail: info@carisma.org.uk
www.carisma.org.uk

**Tuesdays 6.15pm – 8.00pm
Thursdays 6.15pm – 8.00pm
Sundays 5pm – 7pm**

AIKIDO

Britta Kleinsorge
07800784777 / 01223 315109
email: cambridgeaikidojo@yahoo.co.uk
www.cambridgeaikidojo.co.uk

Tuesdays 8.30pm–10.00pm

SHOTOKAN KARATE (TISKA)

Mr Mistry 07941829187
e-mail: depacemistry@hotmail.com
www.tiska.com

Fridays 5.00pm – 9.00pm

Kelsey Kerridge Sports Centre, Queen Anne Terrace, Cambridge, CB1 1NA.
Tel 01223 462226 www.kelseykerridge.co.uk