

MARTIAL ARTS

The following classes are ***not*** run by the Kelsey Kerridge Sports Centre.

When entering the building you will be required to pay a Kelsey Kerridge Day Membership fee of £1.50 for Adults or £1.20 for Juniors/Students.

A CHARGE WILL BE MADE BY THE CLUBS, PLEASE SPEAK TO THEM FOR MORE INFORMATION.

To find out more information about the clubs, you can come into the Sports Centre and speak in person to the instructors or, where available, phone/email them.

CAMBRIDGE KARATE CLUB

Mr Durant

Tel: 07534563456

www.cambridgekarateclub.org

Mondays 8.30pm-9.30pm

KICKBOXING

CARISMA

Mr Gaetani

Tel: 07879610111

[e-mail:info@carisma.org.uk](mailto:info@carisma.org.uk)

www.carisma.org.uk

Tuesdays 6.15pm-8pm

Thursdays 6.15pm-8pm

Sunday 5pm-7pm

AIKIDO

Britta Kleinsorge

Tel: 07800784777 / 01223 315109

[email:cambridgeaikidojo@yahoo.co.uk](mailto:cambridgeaikidojo@yahoo.co.uk)

www.cambridgeaikidojo.co.uk

Thursdays 8.30pm-10.00pm

SHOTOKAN KARATE (TISKA)

Mr Mistry 07941829187

[e-mail: mr.dmistry@gmail.com](mailto:mr.dmistry@gmail.com)

www.tiskakarate-cambridge.co.uk

Contact for details

TAEKWONDO TIGERS

Kian Ziari 07427468538

[e-mail: info@kianziari.com](mailto:info@kianziari.com)

www.taekwondotigers.co.uk

www.facebook.com/CambridgeTaekwondo

Thursdays 5.00pm-6.00pm