

# Fitness Classes for Students

Come and join in our weekday  
lunchtime classes  
for just £4.10\* per class.  
(£2.45 for Krunch & Kore Class)

Monday	12.30-1.30pm	Fitness Circuits
Tuesday	12.15-12.45pm	Krunch & Kore
Wednesday	12.30-1.30pm	3-Way Combo
Thursday	12.30-1.30pm	Fitness Circuits
Friday	12.30-1.30pm	Energy Blast

**Classes open to everyone**

\*Valid NUS card required to qualify for student rate