



Fitness Class Schedule

Easter 2019

At

Kelsey Kerridge Sports Centre

Good Friday 19 th April	12.15pm-1.00pm	Spinning
Saturday 20 th April	10.30am-11.30am	Total Body
	11.30am-12.30pm	Zumba
Easter Sunday 21 st April	10.00am-11.15am	Yoga
	11.30am-12.30pm	Bootcamp Circuits
Monday 22 nd April	12.30pm-1.30pm	Fitness Circuits
	6.00pm-7.00pm	Zumba

All classes back to normal from Tuesday 23rd April 2019

Pick up a Fitness Class Timetable from Reception
or visit www.kelseykerridge.co.uk

All teachers subject to availability