



BANK HOLIDAY FITNESS CLASS SCHEDULE

- **Fri 26th August** **12:15pm-1:00pm** **Group
Cycling**
- **Sat 27th August** **11:30am-12:30pm** **Zumba**
- **Sun 28th August** **11:30am-12:30pm** **Bootcamp
Circuits**
- **Mon 29th August** **12:30pm-1:30pm** **Fitness
Circuits**
6:15pm-6:45pm **Krunch &
Kore**

All classes back to normal from Tuesday 30th August 2022