



# BANK HOLIDAY WEEKEND FITNESS CLASS SCHEDULE

- Fri 3<sup>rd</sup> May                      12:15pm-1:00pm                      Group Cycling
- Sat 4<sup>th</sup> May                        11:30am-12:30pm                      Zumba
- Sun 5<sup>th</sup> May                        11:30am-12:30pm                      Bootcamp Circuits
- Bank Holiday  
  Mon 6<sup>th</sup> May                      12:30pm-1:30pm                      Fitness Circuits  
    6:00pm-7:00pm                      Zumba  
    6:15pm-6:45pm                      Krunch & Kore
- All classes back to normal from Tuesday 7<sup>th</sup> May 2024